

## GARDEN BAR

Custom, clean and fresh, self serve garden bar that includes salad and cold pasta options, seasonal fruit, proteins and deli style salads. We feature both homemade brunswick stew & a seasonal soup selection daily. Please use gloves provided  
**Garden Bar as Entree 8.99** one trip  
**Bowl of Soup/Stew 3.99**

### BRUNSWICK STEW -

Southland's own recipe includes pulled chicken, chopped pork, okra, corn, limas, potatoes and tomatoes - pure deliciousness! Served everyday!

### DAILY HOMEMADE SOUP

Fresh seasonal selections made daily. Our daily rotations include Chef's selections such as Vegetable Beef, Broccoli Cheddar and Hatteras Clam Chowder.

## BEVERAGES

**ICED TEA, PEPSI, MTN DEW, PINK LEMONADE, MIST, DR PEPPER, ARNOLD PALMER \$2.39**

**FRESH COFFEE, OR HOT TEA \$2.39**

### OLD FASHIONED

### LONG NECK SODAS \$1.99

Cheerwine - A&W Rootbeer -Orange Crush  
 Pepsi - Dr Pepper - Mtn Dew - 7UP

### COLD BEER \$3.19

Bud Light - Mich Ultra. Bud, Coors Light, Miller Lite

## SANDWICHES

Add Fries 2.79 Cheese .75, Onion Rings 3.79

### BBQ SANDWICH WITH SLAW

NC Pork at its best!  
 Minced 5.29 Pulled 5.99

### CLUB SANDWICH 7.99

Classic club with roasted turkey, ham, bacon, American cheese on white, wheat or rye.

### OYSTER SANDWICH 8.59

Southern Fried Eastern Shore Oysters on a Brioche Bun topped with our famous coleslaw or served on the side!

### REUBEN MELT 7.99

Shaved corned beef, sauerkraut, and swiss on grilled marble rye

### SMOKED TURKEY BLT 7.69

Thick cut hardwood smoked bacon with shaved smoked turkey makes this sandwich a classic! \*or just a BLT 5.99

### ALL AMERICAN BURGER 6.99

6 oz Fresh Ground Beef on a Brioche Bun with choice of toppings  
 Add bacon +1.49

### BBQ BEEF BRISKET 7.99

Slow Smoked and Sliced Carolina Brisket on a Brioche Bun topped with a house made sauce.

### GRILLED CHICKEN 6.59

Topped with Lettuce, Tomato and Mayo on a signature bun



Home of the Best

## FRIED CHICKEN

Southern Fried and known far and wide as THE BEST!

### LIGHT CHICKEN DINNER

One Breast and Two Wings  
 Two Country Sides  
 Fresh Roll or Hush Puppies  
 11.89

### CHICKEN TENDERS

Four pc Hand Breaded w/ Sauce  
 Two Country Sides  
 Fresh Roll or Hush Puppies  
 10.59

### DARK CHICKEN DINNER

One Thigh and Two Legs  
 Two Country Sides  
 Fresh Roll or Hush Puppies  
 11.29

### WING DINNER

Four Whole Wings  
 Two Country Sides,  
 Fresh Roll or Hush Puppies  
 12.99

## HOMECOOKED HAPPINESS

All dinners include choice of two sides, and choice of hush puppies or a dinner roll.

**HAMBURGER STEAK** - half lb ground beef steak grilled and served with brown gravy and grilled onions on request 11.99

**PORK CHOP DINNER** - country comfort at its best! Two bone in country fried pork chops or grilled 11.99

**COUNTRY FRIED STEAK** - steak fritter topped with white pepper country gravy 11.79

**CHICKEN 'N DUMPLIN'S** - Every Thursday and Sunday! Our own specialty! Slow cooked dumplings with pulled chicken 10.99 dinner or Just a Bowl 4.99

**MEATLOAF DINNER** - homemade recipe topped with gravy on request 10.99

## COUNTRY SIDES

**GARDEN BAR AS SIDE add \$3.59**  
**COUNTRY STYLE GREEN BEANS**  
**SEASONED COLLARDS**  
**MAC 'N CHEESE**  
**MOLASSES BAKED BEANS**  
**HOMEMADE COLE SLAW**  
**MASHED POTATOES 'N GRAVY**

**HOMEMADE POTATO SALAD**  
**FRIED OKRA**  
**FRENCH FRIES**  
**ONION RINGS add \$1**  
**CUCUMBER SALAD**  
**BRUNSWICK STEW**  
**"KRAB" SALAD**

## CAROLINA BBQ

**BBQ PLATTER** - Eastern NC Style Pork BBQ with two sides, and a roll or our famous hush puppies.

**PULLED BBQ PLATTER:** Hand Pulled Pork 12.79

**MINCED BBQ PLATTER:** Chopped Pork 11.79

## CHICKEN 'N BBQ

**CHICKEN 'N BBQ COMBO** - Two pieces of The BEST Fried Chicken (light or dark) with NC Pork BBQ, served with two sides, and a roll or our famous hush puppies.

**PULLED 14.79 MINCED 13.79**

## SEAFOOD

Served with two sides and our famous hush puppies or a fresh roll.

**SHRIMP 'N OYSTERS** - fried or steamed shrimp with fried select Eastern Shore oysters 17.99  
 \*\*All oysters add \$2\*\*

**FISH DINNER** - two trout or catfish filets, seasoned and broiled or hand breaded and fried to perfection! 11.99  
**SHRIMP DINNER** - steamed or fried, two sides, choice of hush puppies, or a roll 16.99

**FISH 'N SHRIMP** - one trout or catfish filet served with fried or steamed shrimp, 15.99

\*\*Sub oysters for shrimp add \$2



# MEAT AND THREE MENU

**WEEKDAY LUNCH SPECIAL 11AM - 3PM \$10.69**

A Southern food tradition, choose one meat, three side dishes, and choice of hush puppies, or a roll from our selection of down home favorites and daily featured items.

### CHOOSE ONE

**Every Weekday:**

- 2 pc Light Fried Chicken (breast/wing)
- 2 pc Dark Fried Chicken (leg/thigh)
- Carolina Minced BBQ,
- Carolina Pulled BBQ +\$1
- Fried or Grilled Pork Chops

**Tuesday:**

- Beef Liver and Onions,
- 2 pc Baked Chicken

**Wednesday :**

- Homemade Meatloaf
- Grilled Chicken Breast

**Thursday:**

- Chicken 'n Dumplins
- Fried Chicken Livers

**Friday:**

- Southern Fried Catfish or Trout
- Cajun Fried Catfish or Trout

### CHOOSE THREE

- Mashed Potatoes & Gravy
- Collard Greens
- Country Green Beans
- Mac n Cheese
- Molasses Baked Beans
- Fried Okra
- Brunswick Stew
- "Krab" Salad
- Cucumber Salad
- Potato Salad
- Coleslaw

**Soup and Salad Bar +\$1**  
(dine in only - counts as 2 sides)

### DESSERTS

**Banana Pudding 4.99 pint**

**Seasonal Pies by the Slice 3.49 slice** Ala mode add 1.99

**Apple, Coconut Custard, Chocolate Meringue, Lemon Meringue, Pecan, Sweet Potato**

[www.southlandrestaurant.com](http://www.southlandrestaurant.com)



# COUNTRY BREAKFAST CLASSICS

**BREAKFAST SERVED WEEKENDS UNTIL 11AM**

**Breakfast Sides: Grits or Home Fried Potatoes**  
Add Homemade Sausage Gravy to any biscuit w/ breakfast platter .99

## EARLY RISER

Two eggs, one breakfast side, served with a biscuit\* topped with homemade sausage gravy **5.99**  
two biscuits topped w/ gravy **7.29**  
\*or toast w/ side gravy

## POP'S FAVORITE

Two eggs, Choice of Thick Cut Bacon (2) or Country Sausage Links (3) or Patties (2), choice of one breakfast side, served with toast or biscuit\* **7.49**

## THE CAROLINA

Two eggs, and a thick cut smoked 6oz Ham Steak, incl'd's one breakfast side served with toast or biscuit\* **9.99**

\*Try our Southland Apple Butter on request with toast or biscuit

## \*\* THE CURRITUCK BREAKFAST \*\*

Two eggs, Thick Cut Bacon (2) and Country Sausage Links (3) or Patties (2), Grits and Home Fried Potatoes, served with toast or biscuit\* **10.99**

## WESTERN OMELET

Three Egg Omelet filled with Ham, Green Peppers, Onions, Tomatoes and Cheddar Cheese  
Served with one breakfast side, and toast or biscuit\*. **9.49**

## SOUTHLAND OMELET

Three Egg "build your own" Omelet w/ Cheese **5.99**  
w/ one or two meats: Bacon, Ham, or Sausage **7.99**  
add any: Onion, Green Peppers, or Tomatoes **.99 ea**  
plus one breakfast side, and toast or biscuit\*.

## CINNAMON FRENCH TOAST

Three slices of French Toast dusted with powdered sugar & served with maple syrup **6.99**  
\*Add bacon or sausage\*  
3 slices Thick Cut Bacon **3.99**  
2 slices Thick Cut bacon **2.99**  
2 Patties or 3 Links **2.99**

## EGG BISCUIT 1.99

with Sausage, Bacon, Fried Bologna, or City Ham **3.99** add cheese **.75**

## SOUTHLAND

## BREAKFAST B.L.T.

Thick cut BLT on White, Wheat or Rye, with a Fried Egg **\$6.29**  
add Cheese **.75**

## MIMOSA'S

Move over Coffee!  
Champagne and OJ

**\$4.99**



## ALA CARTE

- 2 Eggs any way **2.69**
- Two Biscuits w/ Gravy **3.99**
- Thick Cut Bacon (3 strips) **3.99**
- Thick Cut Bacon (2 strips) **2.99**
- Three Sausage Links **2.99**
- Two Sausage Patties **2.99**
- Ham Steak **4.99**
- Grits **1.99**
- Home Fried Potatoes **2.69**
- Toast or Biscuit **1.29**

## EGG SANDWICH 2.29

with Bacon, Sausage, Fried Bologna or City Ham **5.29** add cheese **.75**