

## GARDEN BAR

Custom, clean and fresh, self serve garden bar that includes salad and cold pasta options, seasonal fruit, proteins and deli style salads. We feature both homemade brunswick stew & a seasonal soup selection daily. Please use gloves provided  
**Garden Bar as Entree 8.99** one trip  
**Bowl of Soup/Stew 3.99**

**BRUNSWICK STEW** - Southland's own recipe includes pulled chicken, chopped pork, okra, corn, limas, potatoes and tomatoes - pure deliciousness!  
**DAILY HOMEMADE SOUP**  
Tuesday: Broccoli Cheddar  
Wednesday: Vegetable Beef  
Thursday: Bean Selection  
Friday: Hatteras Clam Chowder  
Weekends: Seasonal Selection

## BEVERAGES

**ICED TEA, PEPSI, MTN DEW, PINK LEMONADE, MIST, DR PEPPER \$2.29**

**FRESH COFFEE, OR HOT TEA \$2.29**

**OLD FASHIONED LONG NECK SODAS \$1.99**  
Cheerwine - A&W Rootbeer  
Pepsi - Dr Pepper - Mtn Dew - 7UP

**COLD BEER \$2.99**  
Bud Light - Mich Ultra. Bud, Coors Light, Miller Lite

## SANDWICHES

Add Fries 2.69 Cheese .75, Onion Rings 3.69

**BBQ SANDWICH WITH SLAW**  
NC Pork at its best !  
Minced 4.99 Pulled 5.79

**CLUB SANDWICH 7.99**  
Classic club with roasted turkey, ham, bacon, American cheese on white, wheat or rye.

**CATFISH PO' BOY 6.49**  
Southern fried catfish on a brioche bun with lettuce, tomato, choice of Old Bay mayo or classic tartar sauce.

**OYSTER SANDWICH 6.99**  
Crispy fried oysters piled on a brioche bun topped with our famous slaw.

**REUBEN MELT 6.49**  
Shaved corned beef, sauerkraut, and swiss on grilled marble rye

**SMOKED TURKEY BLT 6.99**  
Thick cut hardwood smoked bacon with shaved smoked turkey makes this sandwich a classic! \*or just a BLT 5.99

**ALL AMERICAN BURGER 6.99**  
6 oz Fresh Ground Beef on a Brioche Bun with choice of toppings  
Add bacon +1.49

**BBQ BEEF BRISKET 6.99**  
Slow Smoked Sliced on a Brioche Bun with a house made sauce.

**GRILLED CHICKEN 5.99**  
Topped with Lettuce, Tomato and Mayo on a signature bun



*Home of the Best*

## FRIED CHICKEN

Southern Fried and known far and wide as THE BEST!

**LIGHT CHICKEN DINNER**  
One Breast and Two Wings  
Two Country Sides  
Fresh Roll, Hush Puppies  
or Mom's Cornbread 10.99

**CHICKEN TENDERS**  
4 pc Hand Breaded w/ Sauce  
Two Country Sides  
Fresh Roll, Hush Puppies  
or Mom's Cornbread 9.99

**DARK CHICKEN DINNER**  
One Thigh and Two Legs  
Two Country Sides  
Fresh Roll, Hush Puppies  
or Mom's Cornbread 10.99

**WING DINNER**  
4 Whole Wings  
2 Country Sides,  
Fresh Roll, Hush Puppies  
or Mom's Cornbread 11.99

## HOMECOOKED HAPPINESS

All dinners include choice of two sides, and choice of Mom's cornbread, hush puppies or a dinner roll.

**HAMBURGER STEAK** - half lb ground beef steak grilled and served with brown gravy and grilled onions on request 11.59

**PORK CHOP DINNER** - country comfort at its best! Two bone in country fried pork chops or grilled 10.99

**COUNTRY FRIED STEAK** - steak fritter topped with white pepper gravy 11.59

**CHICKEN 'N DUMPLIN'S** - Every Thursday and Sunday! Our own specialty! Hand rolled and cut dumplings slow cooked with pulled chicken 10.99

**MEATLOAF DINNER** - homemade recipe topped with gravy on request 10.99

## COUNTRY SIDES

**GARDEN BAR AS SIDE add \$2.99**  
**COUNTRY STYLE GREEN BEANS**  
**SEASONED COLLARDS**  
**MAC 'N CHEESE**  
**MOLASSES BAKED BEANS**  
**HOMEMADE COLE SLAW**  
**MASHED POTATOES 'N GRAVY**

**HOMEMADE POTATO SALAD**  
**FRIED OKRA**  
**FRENCH FRIES**  
**ONION RINGS add \$1**  
**CUCUMBER SALAD**  
**BRUNSWICK STEW**  
**"KRAB" SALAD**

## CAROLINA BBQ

**BBQ PLATTER** - Eastern NC Style Pork BBQ with two sides, and a roll, Mom's cornbread or our famous hush puppies.

**PULLED BBQ PLATTER:** Hand Pulled Pork 11.99

**MINCED BBQ PLATTER:** Chopped Pork 10.99

## CHICKEN 'N BBQ

**CHICKEN 'N BBQ COMBO** - Two pieces of The BEST Fried Chicken (light or dark) with NC Pork BBQ, served with two sides, and a roll, Mom's cornbread or our famous hush puppies.  
**PULLED 13.99 MINCED 12.99**

## SEAFOOD

All seafood dinners include two country sides, and choice of corn bread, hush puppies or a dinner roll.

**SHRIMP 'N OYSTERS** - fried or steamed shrimp with fried select Eastern Shore oysters 16.99  
\*\*All oysters add \$2\*\*

**CATFISH DINNER** - two catfish filets, seasoned and broiled or hand breaded and fried to perfection! 11.59

**SHRIMP DINNER** - Steamed or Fried, two sides, choice of hush puppies, cornbread or a roll 16.99

**FISH 'N SHRIMP** - one catfish filet served with fried or steamed shrimp, 14.99 \*\*Sub oysters for shrimp add \$2

**MEAT AND THREE MENU**

**WEEKDAY LUNCH SPECIAL 11AM - 3PM \$9.99**

A Southern food tradition, choose one meat, three side dishes, and choice of hush puppies, cornbread or a roll from our selection of down home favorites and daily featured items.

**CHOOSE ONE**

**Every Weekday:**

2 pc Light Fried Chicken  
(breast/wing)

2 pc Dark Fried Chicken  
(leg/thigh)

Carolina Minced BBQ,  
Carolina Pulled BBQ +\$1  
Fried or Grilled Pork Chops

**Tuesday:**

Liver and Onions,  
Baked Chicken

**Wednesday :**

BBQ Ribs (4pc)  
Grilled Chicken Breast

**Thursday:**

Chicken 'n Dumplins  
Baked BBQ Chicken (dark)

**Friday:**

Southern Fried Catfish or Trout  
Cajun Fried Catfish or Trout

**CHOOSE THREE**

Mashed Potatoes & Gravy

Collard Greens

Country Green Beans

Mac n Cheese

Molasses Baked Beans

Fried Okra

Brunswick Stew

"Krab" Salad

Cucumber Salad

Potato Salad

Coleslaw

**Soup and Salad Bar +\$1**  
(dine in only - counts as 2 sides)

**DESSERTS**

**Banana Pudding 4.59 pint**

**Seasonal Pies by the Slice**  
**3.29 slice** Ala mode add 2.49

**Apple, Coconut Custard,**  
**Chocolate Meringue, Lemon**  
**Meringue and more!**

[www.southlandrestaurant.com](http://www.southlandrestaurant.com)



**COUNTRY BREAKFAST CLASSICS**

**BREAKFAST SERVED WEEKENDS UNTIL 11AM**

**Breakfast Sides: Grits or Home Fried Potatoes**  
**Add Homemade Sausage Gravy to any biscuit w/ breakfast platter .99**

**EARLY RISER**

Two eggs, one breakfast side,  
served with a biscuit\* topped with  
homemade sausage gravy **5.79**  
two biscuits topped w/ gravy **6.99**  
\*or toast w/ side gravy

**POP'S FAVORITE**

Two eggs, Choice of Thick Cut  
Bacon (2) or Country Sausage  
Links (3) or Patties (2), choice of  
one breakfast side, served with  
toast or biscuit\* **6.99**

**THE CAROLINA**

Two eggs, and a 6oz Ham Steak,  
or Fried Thick Cut Bologna, one  
breakfast side served with  
toast or biscuit\* **8.99**

\*Try our Southland Apple Butter on request with toast or biscuit

**\*\* THE CURRITUCK BREAKFAST \*\***

Two eggs, Thick Cut Bacon (2) and Country Sausage Links (3) or Patties (2), Grits and Home Fried Potatoes, served with toast or biscuit\* **9.99**

**WESTERN OMELET**

Three Egg Omelet filled with Ham, Green Peppers,  
Onions, Tomatoes and Cheddar Cheese  
Served with one breakfast side, and toast or  
biscuit\*. **8.99**

**SOUTHLAND OMELET**

Three Egg "build our own" Omelet w/ Cheese **5.99**  
w/ one or two meats: Bacon, Ham, Sausage **7.99**  
add any: Onion, Green Peppers, or Tomatoes **.99**  
plus one breakfast side, and toast or biscuit\*.

**CINNAMON FRENCH TOAST**

Three slices of French Toast  
dusted with powdered sugar &  
served with maple syrup **6.49**  
\*Add bacon or sausage\*  
3 slices Thick Cut Bacon **3.99**  
2 slices Thick Cut bacon **2.99**  
2 Patties or 3 Links **2.99**

**EGG BISCUIT 1.99**

with Sausage, Bacon, Fried Bologna, or City  
Ham **3.99** add cheese **.75**

**SOUTHLAND**

**BREAKFAST B.L.T.**

Thick cut BLT on White, Wheat or  
Rye, with a Fried Egg **\$5.99**  
add Cheese **.75**

**MIMOSA'S**

Move over Coffee!  
Champagne and OJ  
**\$4.99**



**ALA CARTE**

2 Eggs any way **2.69**  
Two Biscuits w/ Gravy **3.99**  
Thick Cut Bacon (3 strips) **3.99**  
Thick Cut Bacon (2 strips) **2.99**  
Three Sausage Links **2.99**  
Two Sausage Patties **2.99**  
Ham Steak **4.99**  
Grits **1.99**  
Home Fried Potatoes **2.69**  
Toast or Biscuit **1.29**

**EGG SANDWICH 2.29**

with Bacon, Sausage, Fried Bologna or City  
Ham **5.29** add cheese **.75**